

# YOUTH RECREATIONAL SOCCER RULES

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### **Mission Statement**

Basin United Soccer Club (BUSC) is dedicated to providing participants with a fun, quality soccer experience that encourages sportsmanship and development of the player, coach and team by providing opportunity to progress through higher levels of achievement based on interest and ability. BUSC is committed to being a club that is recognized for its "excellence" in character and instruction while promoting and fostering the game of soccer.

## **SPORTSMANSHIP**

All Coaches are required to teach their players and encourage their families to display good sportsmanship. This includes but is not limited to:

- Respecting coaches, referees and players on the other team
- Encouraging teammates
- Using appropriate language
- Avoiding overt or unnecessary physical play
- Celebrating with humility
- High-fiving or shaking the hands of the opponent after each game

## **CONFLICT MANAGEMENT**

Although yelling and excited feelings do sometimes occur during a game, there are times when situations escalate beyond what is acceptable for youth sports.

Unacceptable behavior includes a parent, player or coach doing the following:

- Approaching coaches, players, or an official in a heated way
- Entering the field of play except when given permission by the referee
- Making threats, using explicit language, or making obscene gestures
- Trying to engage in a physical altercation

In the event of a hostile situation, please observe the following recommendations:

- **DO NOT** engage the aggressor
- Protect your players and families by removing them from the situation
- Immediately contact the Director of Operations

Coaches and parents are encouraged to report unacceptable behavior and hostile situations to BUSC staff, even if they are resolved during the game.

## **COACHING RESPONSIBILITIES**

Focus on building fundamental skills, bolstering self-esteem, and teaching your players how to interact with other players appropriately during game play. Please remember that every player is entitled to playing time. BUSC will provide coaches with a set of cones, pinnies, and two balls of the appropriate size to use at practices; any additional equipment must be provided by the coach. BUSC can provide coaching materials upon request.

- Complete a Background Check and Concussion Safety Training Course online (good for one year). Both can be found in the Coach Corner section on the BUSC website.
- Communicate in a timely manner with parents regarding practices and games.
- Gain permission from a location and schedule practices. If you cancel practice, you must contact each player.
- Adhere to the Smoke Policy (pg. 4) and cancel practice when the AQI is 101 or higher.
- BUSC will provide a roster and contact information for each player. Coaches will need to present the roster to referees prior to the start of a game. Any player not on the roster will not be allowed to play.
- Hand out jerseys to players.
- Make arrangements with BUSC Staff should you be unable to coach a game or practice. It is mandatory that coaches, including substitute coaches, complete a background check.

## **PLAYER EQUIPMENT**

No equipment considered dangerous to another player, as determined by the referee, shall be worn during a game.

- No jewelry may be worn on the field (watches, earrings, bracelets, etc.). *Taping or covering of jewelry is **NOT** permitted; even earrings in newly pierced ears must be removed.*
- Medical Alert Bracelets are the only exception and they must be taped down.

### **JERSEY**

- All players must wear the official Basin United jersey, which will be provided prior to the first game. Parents should contact BUSC staff for a replacement jersey at an additional cost.

### **SHIN GUARDS**

- All players must be wearing shin guards before entering the field of play.
- Player socks must cover the entire shin guard.

### **FOOTWEAR**

- No football or baseball cleats may be worn. Only soccer cleats, turf shoes, or tennis shoes/sneakers may be worn during a game.

### **BALL**

We encourage all players to bring a ball to practices. Game balls on game day will be provided by BUSC. Ball sizes for the different age groups are as follows:

- **Little Kickers, Grasshoppers, Kindergarten, Grade 1/2 : Size 3**
- **Grade 3/4 and Grade 5/6 : Size 4**
- **Grade 7/8 : Size 5**

## **GAME PLAY**

Games can only be cancelled or rescheduled by Basin United Soccer Club. If a conflict arises, please contact BUSC staff.

## **SMOKE POLICY**

BUSC adheres to the air quality policy of OSAA (<http://www.osaa.org/health-safety/air-quality>). Practices and games will be cancelled when the Air Quality Index (AQI) is 101 or higher. Current conditions can be monitored at <https://airnow.gov/> and <https://oraqi.deq.state.or.us/home/map>.

## **REFEREE AUTHORITY**

Referees are the final and ultimate authority on the field during the game. Coaches, parents, and spectators are expected to support the referees in all situations, even when they make mistakes.

Referees will address fouls with the following levels of disciplinary action, depending on the degree of infraction:

1. Verbal Warning
2. Cautionary Cards (Yellow Card)
3. Ejection of Player (Red Card)

Cards will be used only at Grade 3/4 division and above.

## **RUNNING UP THE SCORE**

Although scores will not be kept during the game, players and spectators know when a team is outscoring their opponent. There may be times when your team severely outmatches the skills of another team. In these instances, please protect the desire for players to return to future games by not allowing your team to score an excess of goals over the opposing team. You can avoid deflating a team's spirit by trying the following:

- Requiring players to complete a certain number of passes before a goal may be scored.
- Taking a player off the field or shifting players into different positions.

## **FIRST AID**

First Aid kits are available at the front office in the Fieldhouse and at the lower concession stand. An Automatic Emergency Defibrillator is available in the Fieldhouse.

**Blood:** A player that has a bleeding injury or blood on any part of their uniform will be removed from play. The coach may make an immediate substitution. The part of the uniform with blood must be changed. The player may not return to the game until the bleeding is stopped and the wound is covered.

## **SPORTS COMPLEX RULES**

ALCOHOLIC BEVERAGES, TOBACCO PRODUCTS, and MARIJUANA [including e-cigarettes/vaping] ARE STRICTLY PROHIBITED WITHIN THE SPORTS PARK, INCLUDING ALL FIELDS, BUILDINGS, AND PARKING LOTS.

Please respect our indoor and outdoor fields. At the conclusion of your game, each team is responsible for their garbage, which must be collected and disposed of in a trash bin.

Please be respectful of the Sports Park grounds. When parking on the grass, please only pull vehicles onto the grass the length of the vehicle and no more to avoid damage to our fields.

Vehicles that are parked so as to block in other vehicles will be TOWED.

### **INDOOR FIELDS**

Open food and drinks other than water are NOT ALLOWED on the TURF. Please adhere to this rule by asking players to keep their food and beverages on the concrete portion surrounding the fields. After-game snacks must be distributed on a concrete surface.

Gum is NOT ALLOWED in the building.

**Please keep kids out of areas marked as off-limits and off of building equipment.**

## **DIVISION GAME RULES – Little Kickers and Grasshoppers**

1. Teams will play 4 v. 4 on a single field inside Mike's Fieldhouse.
2. Coaches will act as referees and reteach skills as needed.
3. Play four 6-minute quarters with 1-minute breaks between quarters and a 3-minute half time. Coaches are responsible for keeping the correct time. Coaches will rotate players to provide equal playing time.
4. Hand balls are not a reason for game stoppage, but we ask coaches to teach their players not to pick up the ball with their hands. If a player is continually disrupting game play by picking up a ball, or preventing goals with his/her hands, redirect the player and give the ball to the opposing team.
5. Out of Bounds is lenient, but please teach players to stay within the field boundaries and stop when a whistle is blown. Any ball that goes too far out of bounds can be given to the opposing team for a free kick to restart game play.
6. No goalkeepers.
7. Offsides is not enforced.
8. Substitutions may be made at any time.
9. Guide your players during the game and be open to guiding players on the opposing team as well.
10. Encourage parents to remain spectators (no coaching from the sidelines) and not to enter the field unnecessarily.

## **DIVISION GAME RULES – Kindergarten**

1. Teams will play 4 v. 4 on dual fields inside Mike's Fieldhouse. Coaches should work together to referee and manage player substitutions on the two fields.
2. Coaches will act as referees and reteach skills as needed.
3. Play four 8-minute quarters with 1-minute breaks between quarters and a 3-minute half time. Coaches are responsible for keeping the correct time. Coaches will rotate players to provide equal playing time.
4. Hand balls are not a reason for game stoppage, but we ask coaches to teach their players not to pick up the ball with their hands. If a player is continually disrupting game play by picking up a ball, or preventing goals with his/her hands, redirect the player and give the ball to the opposing team.
5. Out of Bounds is lenient, but please teach players to stay within the field boundaries and stop when a whistle is blown. Any ball that goes too far out of bounds can be given to the opposing team for a throw-in to restart game play. Poor throw-ins will be used as a coaching opportunity to teach correct form and can be re-done.
6. No goalkeepers.
7. Offsides is not enforced.
8. Substitutions may be made at any time.
9. Guide your players during the game and be open to guiding players on the opposing team as well.
10. Encourage parents to remain spectators (no coaching from the sidelines) and not to enter the field unnecessarily. Parents and spectators will sit or stand on the outsides of the fields. Teams will be stationed on the inner border of the two fields.

## **DIVISION GAME RULES – Grade 1/2**

1. Teams will play 5 v 5 on dual fields outside on Field 5.
2. Referees will be provided in coordination with Klamath Soccer Referees Association.
3. Play four 10-minute quarters with 1-minute breaks between quarters and a 3-minute half time. Coaches will rotate players to provide equal playing time.
4. Hand balls are enforced and a direct free kick is given to the opposing team.
5. Out of Bounds is enforced and the ball is given to the opposing team for a throw-in to restart game play. Poor throw-ins will be used as a coaching opportunity to teach correct form and can be re-done.
6. No goalkeepers. Defensive players must maintain a gap of approximately 5 feet from the goal unless they are directly defending an offensive player.
7. Offsides is not enforced.
8. Slide-tackling and heading the ball are never allowed.
9. Substitutions are made by players standing at the midfield line and being recognized by the referee at a stoppage point in the game.
10. Goal kicks and corner kicks will be played normally. As with throw-ins, if the player makes a mistake on a goal kick or corner kick the coach can re-teach proper form and the kick can be re-taken.
11. Guide your players during the game and be open to guiding players on the opposing team as well.
12. Encourage parents to remain spectators (no coaching from the sidelines) and not to enter the field unnecessarily. Parents and spectators will sit or stand on the outsides of the fields. Teams will be stationed on the inner border of the two fields.



## **DIVISION GAME RULES – Grade 3/4**

1. Teams will play 7 v. 7, including a goalkeeper, on a single field outside.
2. Referees will be provided in coordination with Klamath Soccer Referees Association.
3. Play two 25-minute halves with a 5-minute half time. Coaches will rotate players to provide equal playing time.
4. Hand balls are enforced. Hand balls and fouls will result in a penalty kick when the offense occurs inside the Penalty Area. Outside the penalty area, a hand ball results in a direct free kick such that the ball can go directly into the goal without touching another player.
5. Out of Bounds is enforced and the ball is given to the opposing team for a throw-in to restart game play. Poor throw-ins will be used as a coaching opportunity to teach correct form and can be re-tried once.
6. Offsides is enforced.
7. Slide-tackling and heading the ball are never allowed.
8. Substitutions are made by players standing at the midfield line and being recognized by the referee at a stoppage point in the game.
9. Goal kicks and corner kicks will be played normally. As with throw-ins, if the player makes a mistake on a goal kick or corner kick the coach can re-teach proper form and the kick can be re-taken once.
10. Parents and spectators will sit or stand opposite the team locations along the sideline only. No parents or spectators are allowed behind the goals/end lines.

## **DIVISION GAME RULES – Grade 5/6**

1. Teams will play 7 v. 7, including a goalkeeper, on a single field outside.
2. Referees will be provided in coordination with Klamath Soccer Referees Association.
3. Play two 25-minute halves with a 5-minute half time. Coaches will rotate players to provide equal playing time.
4. Hand balls are enforced. Hand balls and fouls will result in a penalty kick when the offense occurs inside the Penalty Area. Outside the penalty area, a hand ball results in a direct free kick such that the ball can go directly into the goal without touching another player.
5. Out of Bounds is enforced and the ball is given to the opposing team for a throw-in to restart game play.
6. Offsides is enforced.
7. Slide-tackling and heading the ball are never allowed.
8. Substitutions are made by players standing at the midfield line and being recognized by the referee at a stoppage point in the game.
9. Goal kicks and corner kicks will be played normally.
10. Parents and spectators will sit or stand opposite the team locations along the sideline only. No parents or spectators are allowed behind the goals/end lines.

## **DIVISION GAME RULES – Grade 7/8**

1. Teams will play 11 v. 11, including a goalkeeper, on a single field outside.
2. Referees will be provided in coordination with Klamath Soccer Referees Association.
3. Play two 35-minute halves with a 5-minute half time. Coaches will rotate players to provide equal playing time.
4. Hand balls are enforced. Hand balls and fouls will result in a penalty kick when the offense occurs inside the Penalty Area. Outside the penalty area, a hand ball results in a direct free kick such that the ball can go directly into the goal without touching another player.
5. Out of Bounds is enforced and the ball is given to the opposing team for a throw-in to restart game play.
6. Offsides is enforced.
7. Slide-tackling is never allowed. Heading the ball is allowed.
8. Substitutions are made by players standing at the midfield line and being recognized by the referee at a stoppage point in the game.
9. Goal kicks and corner kicks will be played normally.
10. Parents and spectators will sit or stand opposite the team locations along the sideline only. No parents or spectators are allowed behind the goals/end lines.

# SOCCER FIELD LAYOUT

